



## CSI Philosophy



Best Interest of the Child

Family Preservation

Strength Based Therapy

Victim Empowerment

Long-Term Commitment to  
Families

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Therapeutic Mentoring not available in West  
Roxbury office

[www.CommunityServ.com](http://www.CommunityServ.com)

# Home and Community Mental Health

*“Dedicated to  
Keeping Families  
Together.”*

## Services

## In-Home Mental Health

### Working with Families to:

- Manage Caretaker stress
- Help Build Cooperative Links to Community Resources
- Offer Children Expressive Therapies to Cope with Emotional Disturbances
- Improve Parenting Techniques
- Take Charge of Health Care by Advocating Positive Lifestyle Choices
- Prevention and Well-Child Care
- Maximize Children’s Learning at School and Creativity in General

### Mass Health and Some Private Insurances Accepted

Office Hours: Mon-Fri 8:30am-5:00pm  
Evening hours available by appointment

### Home and Office Based Psychotherapy:

CSI offers a wide spectrum of psychotherapy and support services at 2 locations. CSI therapists are available for individual and family therapy for a wide variety of child and family mental health issues. If medication is needed, CSI offers a close working relationship with the therapist and the prescriber of psychotropic medication.

**Evaluations:** Psychological testing to establish levels of trauma, intellectual capacity, existence of learning disabilities, suicidal potential, vocational disabilities and treatment recommendations. Home and Community-Based Parenting Assessments performed as part of a Care and Protection Petition.

**Children’s Services:** CSI specializes in expressive play therapy for children exposed to trauma or suffering from a childhood mental impairment such as anxiety, school difficulties, oppositional and defiant behavior, ADHD, and Depression. Services are available in-home or at the clinic.

**Therapeutic Mentoring:** CSI offers mentoring as an adjunct to therapy. Social skills are taught based on objectives identified in therapy and practiced in the community. Mentors work to discover a youth’s interests and strengths and practice the skills needed to participate in a community activity that can be sustained by natural helpers.

CSI offers intensive home-based mental health therapy for families and individuals struggling with a variety of overwhelming life stressors including emotional disturbances, psychiatric impairments, addictions, and high-stress life situations such as truancy, school behavioral problems, coping with the stress of foster care, homelessness, returning veterans suffering from PTSD, or sudden unemployment.

All psychotherapy is provided under the watchful eyes of a multi-disciplinary team including a child and adult psychiatrist, psychologist, and social worker.

Clients have access to a 24-hour, 7-day a week phone support, back-up psychiatric evaluation and medication management.

CSI has provided over one-half million visits to families in the Springfield and Greater Boston area over the past 20 years.

